



Race Walking Record

January 2024



Congratulations to Steve Taylor on his appointment as a Race Walking Judge at the Paris Olympics 2024



UKA LEVEL 2 & WORLD ATHLETICS PERMIT

England Athletics Winter Race Walks Championship Incorporating supporting events

A promotion within the Northamptonshire AA Area
Moulton College Athletics Track NN3 7QL

Saturday March 9th, 2024

Timetable

Time	Event	Entry Method
13:15	600m U11 & Primary Schools Development Run	via Mark Wall
13:25	600m U11 & Primary Schools Development Walk	via Mark Wall
13:30	1000m U15 England Athletics Championship and Open Walk (All ages and development)	Roster
13:40	1000m Run	Roster
14:00	5000m U17 England Athletics Championship and Open Walk (All ages)	Roster
14:45	10,000m England Athletics Championship and Open Walk – Men & Women (Time Limit: Senior: - 55:00-M/60:00-W, U20: - 57:00/62:00)	Roster
15:55	2000m run	Roster

RUNNING EVENTS SUBJECT TO SUFFICIENT NUMBER OF ENTRIES RECEIVED

Further information from Mark Wall- marnwal@hotmail.com

Electronic timing - ALL other entries via: Roster Athletics at
[Roster Athletics · 2024 England Athletics Winter Race Walk Championships](#)

Sunday March 10th

A racewalk coaching/taster session will be held in Northampton
with two of the European international competitors.

IN THE NEWS

Isle of Man official Steve Taylor to judge at Paris Olympics

From the Parish to Paris for island race walking official



Local race walking judge Steve Taylor (above) has been appointed as an official for this summer's Olympic Games in Paris. It is his third Olympic appointment.

Prior to becoming a judge, Steve enjoyed success as a competitor, the highlight of which was a memorable performance in the 1994 Commonwealth Games in Victoria, British Columbia.

He first became involved in race walking when he was asked to make up a local team for the Merseyside Schools Championships in 1982.

Encouraged by Mike Karran and Andrew Garrett he finished in third place but failed to make the cut for the English Schools Championships.

The big bonus was that at around this time he first met Allan Callow, who became his coach, rival, and great friend to this day.

Shortly before his 20th birthday in 1986, Steve was selected to represent Great Britain as a junior in Madrid over a distance of 20 kilometres.

The race was won by Daniel Plaza of Spain who went on to become the 1992 Olympic champion. As a member of Boundary Harriers, and later of Manx Harriers, Steve won team medals in many national championship events but never made the podium as an individual.

1993 was a breakthrough year in which Steve achieved the Isle of Man Commonwealth Games qualifying standard for the 30km walk, and he went on to represent the island the following year in Canada.

His performance in finishing 14th in a personal best time of 2hr 21min 34sec was without doubt the highlight of his competitive career. The video footage captured by the late Murray Lambden of the race finish, and the moments afterwards, clearly revealed the sheer delight shared by Steve and his coach Allan, that all the shared hard work and preparation had come to fruition with such a superb performance.

Steve was selected to represent Great Britain as a senior in Hungary the following year in what was his final appearance internationally.

He continued to regularly attend local events, especially when his eldest children Callum and Kirsty began to participate.

In 2003 Callum was disqualified at the national junior championships in Sheffield, and Steve was so distraught that he decided there and then that he wanted to become a race walking judge. He already had plenty of officiating experience as a local football referee.

He considers himself fortunate that he was soon taken under the wing of Peter Marlow – considered as the 'Godfather' of race walk judging all over the world. He passed the European level exam in 2005 and then the world level exam in 2007.

His first big event as a judge was the European Junior Championships in Hengelo, Netherlands and then in 2007 the World Athletics Championships in Osaka, Japan. The night before the first race in Osaka

was reminiscent of the night before Steve's Commonwealth Games race in 1994 as he was physically sick due to nerves.

Since that time, his list of appointments include: two Olympic Games, including chief judge at London 2012; five world championships (chief judge in 2013 and 2017); five World Team Championships; three European championships (chief judge 2014); two Commonwealth Games (chief judge 2022).

The latter was a particularly busy year during which he judged at the World Team Championships, World Athletics Championships, European Athletics Championships, and the Commonwealth Games.

He has also judged at world and European Grand Prix meetings and at age group championships and has been technical delegate at a number of world and European Athletics Grand Prix events. In 2023 he was technical delegate at the European Team Championships in Poděbrady, Czech Republic.

Whilst a regular worldwide traveller through his many race walking appointments, he rarely misses a local race walking event, officiating, and encouraging in events ranging from track and field league 400 metres walks to the Parish Walk.

Despite all his achievements at the highest level of international athletics over the years, Steve remains an avid follower and supporter of Manx sport generally, and one of his proudest moments in sport was when his son Keoghan was selected to represent the Isle of Man as a long jumper at the 2019 Island Games in Gibraltar.

Looking back over his highly successful career as a race walk judge, and with an eye on Paris 2024, Steve said: 'Although I have a great deal of experience now, including being an examiner for European Athletics, I still speak to my dear friend and mentor Peter Marlow as I am forever grateful for his wise counsel.'

Steve is a shining example to aspiring officials in any sport that if you are prepared to work hard and have a burning ambition, there is no limit to how high you can go. (Source: *Isle of Man Today*)

DATES FOR YOUR DIARY

UKA National 2024 Fixtures

UKA have published the fixture list for 2024 and listed below are the major events that normally include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
06 th Jan	England Athletics Indoor Walks (U15+)	E.I.S. Sheffield
17/18 th Feb	UK Athletics Indoor Championships	Birmingham
17/18 th Feb	British Masters Indoor Championships	Lee Valley
9 th Mar	EA 10,000m Track Championships	Moulton College
16 th Mar	43rd Dudinska	Dudince (SVK)
6 th Apr	92nd Poděbrady Walking	Poděbrady (CZE)
20 th Apr	RWA National 10km & YAG Championships	Leicester
4 th May	3rd Korzeniowski Warsaw Race Walking Cup	Warsaw (POL)
11 th May	Grande Prémio Internacional de Rio Maior	Rio Maior (POR)
11/12 th May	County Championship Weekend	Various
18 th May	Gran Premio Cantones de A Coruna	La Coruna (ESP)
15/16 th Jun	Welsh Senior/U15 Championships	Cardiff
29/30 th Jun	UK Athletics Outdoor Championships	T.B.C.
20 th Jul	SIAB Schools International	Carmarthen (TBC)
20/21 st Jul	England Athletics SEN/U23/U20 Champs	Birmingham (TBC)
27/28 th Jul	England Athletics Age Group Championships	Birmingham (TBC)
17 th Aug	Welsh Under 20 International	T.B.C.
21 st Sept	English Schools Championships	Stoke-on-Trent



European Championships Qualification Standards

UK Athletics have published the selection policy for the European Championships scheduled to take place in Rome, 6th to 13th June. In order to be considered for selection, athletes **must** achieve the UKA qualification standard.

Male	Event	Female
10.16	100m	11.24
20.45	200m	22.80
45.40	400m	51.20
01:45.20	800m	02:00.0
03:36.0	1500m	04:05.0
13:20.0	5000m	15:15.0
27:50.0	10,000m	32:00.0
08:25.0	3,000m SC	09:37.0
13.46	110/100mH	13:00*
49.30	400mH	55.50
1:01:40 (2:11:00 for Marathon)	Half Marathon	1:10:30 (2:29:00 for Marathon)
1:21:30	20km Race Walk	1:31:40
2.26	HJ	1.92
5.65*	PV	4.50
8.00	LJ	6.70
16.80	TJ	14.00*
20.85	SP	18.00
64.00*	DT	60.50
76.50	HT	71.20
81.50*	JT	60.00
8050*	CE	6150*

Events marked with an asterisk (*) have a standard lower than the European Athletics Entry Standard. Therefore in these events athletes will also be required to achieve their qualification through the European Athletics Ranking Qualification system ('Road to Rome') or achieve the European Athletics Entry Standard.

Full policy can be viewed at: <https://www.uka.org.uk/wp-content/uploads/2024/01/2024-European-Athletics-Championships-Selection-Policy-1.pdf>

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Ken Livermore (Enfield & Haringey AC) Centurian 386
- Basil Gayle (Trowbridge AC) Centurian 726
- Bob Watts (London Vidarians) Centurian 838



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Feb. 24	Peter Saunders	John May	Helen Elleker

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.



National Championships

England Athletics Indoor Championships, E.I.S. Sheffield (Sat. 6th Jan.)

(Photographs from England Athletics X (formerly Twitter) feed)

The 2000m race for U15s was first up at the EA Indoor Walks Championships in Sheffield. Timothy Perry recorded a PB of 11:31.18s to take the boys title. Grace Andrews also recorded a PB to take the girls gold in 15:36.81s.

In the men's 3000m walk Cameron Corbishley took the win over Tom Partington with 12:07.51s. There was a PB for Ellis Simmonds of 14:42.62s in taking the U20 men's title.

In the women's race U20 Gracie Griffiths removed 20 seconds from her indoor personal best with 14:14.44s, winning the race. Abigail Jennings (14:19.97) took senior gold.

Under 15 Boys 2000m

Pos	Athlete	AG	Club	Perf.
1	Timothy Perry	U15B	Northern (IOM) AC	11:31.18 [SB]



Under 15 Girls 2000m

Pos	Athlete	AG	Club	Perf.
1	Grace Andrews	U15G	Aldershot Farnham & D.	15:36.81 [PB]
2	Tafara Nyoni	U15G	Aldershot Farnham & D.	15:49.13 [PB]



Senior Men's 3000m

Pos	Athlete	AG	Club	Perf.
1	Cameron Corbishley	SENM	Medway & Maidstone	12:07.51 [SB]
2	Tom Partington	SENM	Manx Harriers	13:35.99 [SB]



Under Men's 3000m

Pos	Athlete	AG	Club	Perf.
1	Ellis Simmonds	U20M	Derbyshire & S. Yorks. Hs.	14:42.62 [PB]
2	Jonathan Ellerton	U20M	Blackheath & Bromley	15:49.05 [SB]

Senior Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENW	Aldershot Farnham & D.	14:19.97 [SB]
2	Pagen Spooner	SENW	Hyde Park Harriers	14:44.80 [PB]
3	Jasmine Nicholls	SENW	Leicester Walking Club	14:57.66 [SB]
4	Hannah Hopper	U23W	Cambridge Harriers	15:14.72 [SB]
5	Lois Carty	U23W	Aldershot Farnham & D.	16:13.04 [SB]
6	Erika Pontarollo	SENW	Hyde Park Harriers/ITA	16:24.97 [SB]



Under 20 Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Gracie Griffiths	U20W	Pembrokeshire Hs./WAL	14:14.44 [iPB]
2	Mia Dunwell	U20W	Northern (IOM) AC	16:50.11 [SB]

Domestic 'A' Judged Races

Enfield Race Walking League/Martin Oliver Walks, Queen Elizabeth Playing Fields (Sat. 13th Jan.)

Abigail Jennings demonstrated why she is England's current leading female walker, with a convincing performance, when repeating her victory in this fixture in 2023. That win triggered off a season in which she went on to win all the EA titles she contested and posted a host of pb's on the way. I'm sure all connected with the ERWL wish her the same progress over the next twelve months.

Thankfully, although the temperature was hovering around zero, there was an absence of strong winds, and it was dry and an entry of twenty a little disappointing. Looking on the bright side Trejan Checheku-Boamah collected his second EA PB certificate improving by over half a minute in the process.



Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENW	Aldershot Farnham & D.	50:35 [PB]
2	Grazia Manzotti	W50	Tonbridge Athletic Club	57:26
3	Melanie Peddle	W55	Loughton Athletic Club	59:50

4	Jacqueline Benson	SENW	Ashford Athletic Club	61:56
5	Stuart Bennett	M65	Ilford Athletic Club	67:06
6	John Arthur	M60	Ilford Athletic Club	68:00

5km

Pos	Athlete	AG	Club	Perf.
1	David Ainsworth	M70	Ilford Athletic Club	47:15

3km

Pos	Athlete	AG	Club	Perf.
1	Trejan Checheku-B	U15B	Blackheath & Bromley	17:33 [PB]

2km

Pos	Athlete	AG	Club	Perf.
1	Lily Ann Cooper	U13G	New Market Joggers	14:50

B Judged Results: 10km: Maureen Noel (Bel. Hs.) 64:40, Mike George (Vets AC) 64:44, Simon Morgan (Ilford) 68:00, Chris Hobbs (Ashford) 68:10, John Borgars (Loughton) 71:30, Sue Bennett (Enfield) 72:38; **8km:** Chris Flint (SWC) 65:13, Kathy Crilley (SWC) 66:13, Paul Frimage (Ryston) 67:51; **5km:** Sheila Leavy (N. Herts RR) 40:30, Shaheda Arthur (Ilford) 50:43.

Ray Hall Memorial Winter Track League #4/Aldershot Open Track Walks (Sun. 28th Jan.)

The final event of the Ray Hall Winter Track League was held in ideal conditions at the Aldershot Military Stadium, hosted by Aldershot Farnham & District AC and attracted a number of entries from athletes based locally who had not travelled to any of the other events.

As with the other events comprising the league there was a higher proportion of younger athletes participating. There were numerous PBs achieved across the races.

Mixed 1500m

Pos	Athlete	AG	Club	Perf.
1	Carrie Ellis	U13G	Lewes Athletic Club	9:23.56 [PB]
2	Seth Muddle	U13B	Lewes Athletic Club	9:23.59 [PB]
3	Luke Eperon	U13B	Blackheath & Bromley	10:25.15 [PB]
4	Rainbow Love	U13B	Lewes Athletic Club	10:52.74 [SB]
5	Seren Dampney-Jay	U13G	Lewes Athletic Club	10:53.63 [PB]

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Charlie Perry	U15B	Lewes Athletic Club	10:53.06 [SB]
2	Ellin Wilson	U15G	Ashford Athletic Club	11:03.86 [SB]
3	Millicent Steele	U15G	Ashford Athletic Club	12:36.80 [PB]
4	Grace Andrews	U15G	Aldershot Farnham & D.	12:38.42 [PB]
5	Florence Watson	U15G	Blackheath & Bromley	14:28.58 [PB]
6	Thomas Muddle	U15B	Lewes Athletic Club	14:40.06 [PB]
7	Tafara Nyoni	U15G	Aldershot Farnham & D.	14:40.21 [PB]

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	23:07.51 [SB]
2	Abigail Jennings	SENW	Aldershot Farnham & D.	24:26.80 [SB]
3	Jessica Wilton	U20W	Ashford Athletic Club	25:50.10 [PB]
4	Grazia Manzotti	W50	Tonbridge Athletic Club	27:20.05 [SB]
5	Melanie Peddle	W55	Loughton Athletic Club	27:36.21 [SB]
6	Matthew Henney	M50	Bromsgrove & Redditch	27:40.64 [PB]
7	Marcin Wojtowicz	M35	Winchester & District AC	29:45.16 [PB]
8	Matthew Ellerton	M50	Blackheath & Bromley	30:20.22 [PB]
9	Lola-Mae Billingham	U20W	Aldershot Farnham & D.	30:20.30 [SB]
10	Katherine Smith	W60	Aldershot Farnham & D.	36:02.78 [SB]
11	Derek Smith	M65	Winchester & District AC	36:03.73 [PB]
12	Sue Davies	W55	Aldershot Farnham & D.	36:05.91 [SB]
	Nicholas Fleeman	M65	Southern Counties Vets	DQ TR54.7.1

Individual League Winners

AG	Male	Female
Senior	Luc Legon (Bexley AC)	Hannah Hopper (Cambridge H)
U20	Not awarded	Jessica Wilton (Ashford AC)
U15	Charlie Perry (Lewes AC)	Ellin Wilson (Ashford AC)
U13	Seth Muddle (Lewes AC)	Carrie Ellis (Lewes AC)

Overall Winning Club: Ashford Athletic Club

Manchester Indoor Open Meeting, Sportcity (Sun. 28th Jan.)

Sale Harriers very kindly put on a development 1000 metres race in their popular Indoor Open Meeting to support an initiative Tom Bosworth has been working on in conjunction with Welsh Athletics and England Athletics in the North West and North Wales, **reports Ian Richards**. Mia Dunwell supported the event and took a fine victory. There were some great performances from the athletes from Warriors who have been working with Tom, particularly given they have only been doing some race walking for six weeks and most had competed in the Northern Cross Country Championships in Sedgefield the day before. Hopefully this is the start of a revival of race walking in the North of England.

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Mia Dunwell	U20W	Northern (IOM) AC	4:59.56 [PB]
2	Holly Coates	U17W	Warriors Pentathlon & AC	5:26.97 [PB]
3	Maisey McGenity	U13G	Warriors Pentathlon & AC	5:46.85 [PB]
4	Sophie Davidson	U15G	Warriors Pentathlon & AC	6:00.26 [PB]
5	Poppy Coates	U15G	Warriors Pentathlon & AC	6:32.26 [PB]
6	Ameka Eardley	U11G	Warriors Pentathlon & AC	6:48.27 [PB]

Domestic 'B' Judged Races**3rd Midland Winter League, Warwick University Science Park, Coventry (Sun. 15th Jan.)**

The final and 3rd in the Series of the Midland Winter League got underway on the established 1k lap course on the Science Park, Warwick University, Coventry, **reports Glyn Jones**. It was a cold January day and with a period of rain during the fixture. The 5km was well supported but the 10km was unusually low in numbers. The YAG entries continue to be disappointing.

For this final fixture in the series it is also included a Midland Masters Presidents 5km and which is shown in the results.

Carolyn Derbyshire maintained her winning position in the 5k and thus gaining first overall scratch winner for the Series. Matthew Henney on his first appearance in the Winter League also continued his winning form and thus gaining overall scratch winner in the 10k for the Series.

A successful Winter League Series again but always room for more entries.

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Carolyn Derbyshire	W45	Nuneaton Harriers	29:41
2	Wnedey Kane	W50	Nuneaton Harriers	30:01
3	Peter Boszko	M70	Birchfield Harriers	31:40
4	Hardeep Minhas	M65	Leicester Walking Club	31:51
5	Julie Bellfield	W55	Halesowen Athletic Club	32:00
6	Jan McClure	W50	Stratford-upon-Avon AC	33:11
7	John Constandinou	M45	Birchfield Harriers	33:42
8	Lynn Bellfield	W55	Halesowen Athletic Club	34:20
9	Hilary Mann	W60	Sparkhill Harriers	34:23
10	Ian Torode	M65	Birchfield Harriers	36:52
11	Julian Barnett	M60	Birchfield Harriers	37:35
12	Gemma Smith	W50	Stratford-upon-Avon AC	37:40
13	Ann Wheeler	W65	Nuneaton Harriers	38:08
14	David Fall	M75	Birchfield Harriers	43:28
15	Hilary McDermott	W55	Charnwood Athletic Club	44:22
16	Lesley Pymm	W70	Bournville Athletic Club	47:45

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Matthew Henney	M50	Bromsgrove & Redditch	59:34
2	Wendy Kane	W50	Nuneaton Harriers	63:07
3	Hardeep Minhas	M65	Leicester Walking Club	68:35
4	Colin Vesty	M55	Leicester Walking Club	69:01

Under 15 3km

Pos	Athlete	AG	Club	Perf.
1	Aimee Thursfield	U15G	Wolv. & Bilston AC	21:01

Under 13 2km

Pos	Athlete	AG	Club	Perf.
1	Harry Taylor	U13B	Dudley & Stourbridge	15:49

Steyping Open 15km & Supporting Races, Steyping Sussex (Sat. 20th Jan.)

Numbers slightly down on last year, maybe because the race was two weeks earlier than last year and several walkers were away or doing other races, **reports Ron Penfold**.

Very lucky with the weather, 5-6 degrees with just a light chilly breeze.

Couple of good performances from the two youngsters racing, U15B Trejan Checcheku-Boamah put in a good time, and U13G Carrie Ellis knocked quite a few seconds off of her previous best, and nice to see Jimmy Ball back on the road again.

Mixed 15km

Pos	Athlete	AG	Club	Perf.
1	Ian Richards	M75	Steyping Athletic Club	1:29:36
2	John Arthur	M60	Ilford Athletic Club	1:40:26
3	Paul Gaston	M75	Surrey Walking Club	1:54:42

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Trevor Jones	M65	Steyping Athletic Club	64:40
2	Joan Lennon	W65	Steyping Athletic Club	67:18
3	Stuart Maidment	M70	Steyping Athletic Club	72:40
4	David Hoben	M70	Surrey Walking Club	83:42
5	Christopher Flint	M75	Surrey Walking Club	87:17
6	Shaheda Arthur	W60	Ilford Athletic Club	108:10

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Trejan Checcheku-B	U15B	Blackheath & Bromley	31:33
2	Jimmy Ball	M60	Unattached	35:07
3	John Killick	M75	Steyping Athletic Club	36:49

Mixed 2.5km

Pos	Athlete	AG	Club	Perf.
1	Carrie Ellis	U13G	Lewes Athletic Club	19:06

**February**

Sun. 11 th	A	EMAC/VAC Indoor Championships	Walk cancelled low entry
Sat. 17 th	A	BMAF Indoor Championships	Lee Valley
Sun. 18 th	A	UKA Indoor Championships	Birmingham
Sat. 24 th	A	Enfield League	Donkey Lane
Sun. 25 th	A	EMAA Inter-Area Indoor Match	Lee Valley

March

Sat. 9 th	A	EA Winter Track Walks	Moulton College
Sat. 16 th	A	Tri-Counties (Kent/Middx/Herts)	Lee Valley
Sat. 30 th	A	Enfield League	Donkey Lane

April

Mon. 1 st	A	Tonbridge AC Easter Monday Open	Tonbridge School
Tue. 2 nd	B	Veterans AC Summer Series #1	Battersea Park
Sat. 20 th	A	RWA 10k & YAG Championships	Leicester Cycle Circuit
Sat. 27 th	A	Enfield League	Donkey Lane