



Race Walking Record

February 2023



Men's & Women's Podiums
UK Athletics Indoor Championships
Birmingham – 19th February 2023



The Race Walking Association

presents the

2023 National Senior & U20 10km and Young Age Group Championships

(To be held in accordance with UKA Rules of Competition)

Sunday 16th April 2023

from

**Coventry Godiva Clubhouse, University of Warwick,
Kirby Corner Road, Coventry, CV4 7AL**

Programme

12:30	10k	Senior Men & Women
12:30	10k	Under 20 Men & Women
13:50	2k	Under 13 Boys & Girls
13:50	3k	Under 15 Boys & Girls
13:50	5k	Under 17 Men & Women

Entry from non-English athletes will be accepted but will not be eligible to take a prize.

A time limit of 70 minutes will be applied to the 10k.

Entry Fees

Senior & U20 = £15.00; Under 13/15/17 = £8.00

Online entry only at: [Roster Athletics](#)

Closing Date for Entries: **10th April 2023**

Event contact email: NoelCarmody@outlook.com

NEWS

DATES

FOR YOUR DIARY

UKA National 2023 Fixtures

UKA have published the fixture list for 2023 and listed below are the major events that include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
8 th Jan.	EA Senior & U20 Indoor Walks	E.I.S. Sheffield
18 th Feb.	British Masters Indoor Championships	E.I.S. Sheffield
19 th Feb.	UKA Indoor Championships	Birmingham
4 th Mar.	EA Winter Race Walk Championships	Coventry
12 th Mar.	EA Under 17 & Under 15 Indoor Walks	Cancelled
16 th Apr.	RWA Senior/U20 10k & YAG Championships	Coventry
17/18 Jun.	EA Under 23 & Under 20 Championships	Chelmsford
24/25 Jun.	Welsh Athletics Senior & U15 Championships	Cardiff
8/9 Jul.	UKA Outdoor Championships	Birmingham
15 Jul.	SIAB Schools International	Scotland
22/23 Jul.	EA Senior Championships	Chelmsford
16 th Aug.	Manchester International	Manchester
26/27 Aug.	EA Under 17 & Under 15 Championships	Birmingham
2/3 Sept.	British Masters Outdoor Championships	Derby
16 th Sept.	English Schools Championships	T.B.C.

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- ✓ Learn the rules of race walking
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- ✓ Learn what makes a good Race Walking Judge



20 March 2023

To find out more, search:
bit.ly/L1RaceWalkJudge

200 club

Winners in the recent R.W.A 200 Club draw

£25.00 £15.00 £10.00

Mar. 23 Cath Duhig Arthur Thomson Sharon Herbert

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.



England Athletics Selection Policy for the Warsaw Race Walking Cup, Sun. 23rd April 2023

England Athletics values the importance of competitive Race-Walking opportunities for developing athletes looking to gain international experience. This reflects EA's aim of having representatives across all event groups and disciplines at all age group major events and international teams. The Warsaw Race Walking Cup will therefore be aimed specifically at athletes who the selection panel ("the panel") believes are showing realistic progression towards selection for future England and Great Britain teams at major championships on the track or road.

Eligibility:

- Athletes must be eligible to compete for England (including holding a full British passport).
- Athletes must not be currently serving a period of ineligibility or a provisional or permanent suspension for a doping violation or for any other reason of misconduct.
- Athletes must be currently registered as a member with England Athletics, directly or through a club.
- Athletes must sign the England Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions.

Selection Process:

- The selection meeting will take place on w/c 13th March 2023
- The final team will be announced w/c 20th March 2023
- Qualification standards:

Men	Event	Women
1:28:00 (42:33.02 10km)	20km	1:40:00 (48:29.35 10km)
46:00	10km (U20)	52:30
48:00	10km (U18)	
	5km	25:00

10km time will be taken into consideration.

England Athletics will retain flexibility with the events selected and the number of athletes selected for each event depending on the standard of performance achieved in each age group.

Selections will be based on performances achieved between 1st Jan. 2022 to midnight 4th Mar. 2023 with particular focus on results from the Winter Race Walk Championships (4th Mar.)

Full selection policy can be viewed at: [England-Athletics-Warsaw-Race-Walking-Cup-Selection-Policy-2023-v1.pdf](https://www.englandathletics.org.uk/england-athletics-warsaw-race-walking-cup-selection-policy-2023-v1.pdf)

National Championships

Athletics Ireland 123.ie National Senior Indoor Championships, NIA, Dublin (Sat. 18th Feb.)

David Kenny posted another impressive performance to claim the men's 5000m walk in 19:11.43, while Kate Veale stormed clear of the men's 3000m walk with an indoor PB of 12:40.46.

Senior Women 3000m (i)

Pos	Athlete	AG	Club	Perf.
1	Kate Veale	SENW	West Waterford AC	12:40.46
2	Aisling Lane	SENW	Mullingar Harriers AC	14:28.47
3	Ciara Wilson-Bowen	SENW	Dundrum South Dublin	15:42.05
4	Sinead McConnell	SENW	Finn Valley Athletic Club	15:51.79
5	Dorieann Hickey	SENW	West Waterford AC	17:58.26
6	Susanne O'Beirne	SENW	North Leitrim AC	18:20.47

Senior Men 5000m (i)

Pos	Athlete	AG	Club	Perf.
1	David Kenny	SENM	Farranfore Maine Valley	19:11.42
2	Brendon Boyce	SENM	Finn Valley Athletic Club	19:39.60
3	Callum Wilkinson	SENM	Togher AC/Enfield & H.	19:48.63
4	Joe Mooney	SENM	Adamstown Athletic Club	20:25.33
5	Jerome Caprice	SENM	Dundrum South Dublin	21:01.69

BMAF Indoor Championships, Sheffield (Sat. 18th Feb.)

The first of the race walks involved all the women's age groups and all men over 70. Grazia Manzotti (W50) took the overall win in this race ahead of Carolyn Derbyshire. Peter Boszko (M70) finished third overall.

The second race for M35 to M65 was dominated by David Annetts who crossed the line in 14:14.79.

Women & Men 70+ 3000m (i)

Pos	Athlete	AG	Club	Perf.
1	Grazia Manzotti	W50	Tonbridge Athletic Club	17:19.39
2	Carolyn Derbyshire	W45	Nuneaton Harriers	17:28.08
3	Peter Boszko	M70	Birchfield Harriers	17:43.86
4	Wendy Kane	W50	Nuneaton Harriers	18:05.77
5	Richard Emsley	M70	Corby Athletic Club	18:31.48
6	Penelope Cummings	W45	Herne Hill Harriers	18:50.77
7	Michele O'Neill-Hall	W55	North East Veterans	21:25.05
8	Emma Dawson	W55	Ellon Athletic Club	24:10.41
9	Ron Stewart	M80	North Shields Poly	27:58.23
	Ian Richards	M70	Steining Athletic Club	DQ TR 54.7.1

Men 35-65 3000m (i)

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts R.R.	14:14.79
2	Mark Ashby	M60	Cambridge Harriers	18:05.04
3	Colin Harle	M60	Belgrave Harriers	18:24.49
4	Ian Torode	M65	Birchfield Harriers	19:23.49
5	Hardeep Minhas	M60	Leicester Walking Club	19:31.05
6	David Kissane	M65	Ireland	20:17.96
7	Matthew Fawson	M40	Wakefield Harriers	20:35.23
8	Matthew Ellerton	M45	Blackheath & Bromley	20:36.21
9	Glen Keegan	M55	Herne Hill Harriers	22:52.18
	Steve Hillman	M65	Charnwood Athletic Club	DQ TR 54.7.1

**Birmingham (Sun. 19th Feb.)**

Callum Wilkinson won his first national indoor title with a world leading time of 11:00.98. He dedicated victory to former Olympic race walker Ray Middleton, passed away last month, who instilled him to believe in himself and work hard to be an Olympian. Christopher Snook and Luc Legon took silver and bronze with 11:57.16 and 12:44.21 respectively, the first time indoor or out that Snook as bettered twelve minutes and an indoor personal best for Legon.

Abigail Jennings won the women's title with a personal best of 14:16.37 pulling away from the field during the last kilometre. Silver went to Erika Kelly (14:28.88) and bronze to Gracie Griffiths in a personal best of 14:34.12.

Senior Men 3000m (i)

Pos	Athlete	AG	Club	Perf.
1	Callum Wilkinson	SEN	Enfield & Haringey AC	10:00.98 [WL]
2	Christopher Snook	SEN	Aldershot Farnham & D.	10:57.16 [PB]
3	Luc Legon	SEN	Bexley Athletic Club	12:44.21 [PB]
4	Tom Partington	SEN	Manx Harriers	12:49.00 [SB]
5	George Wilkinson	U23M	Enfield & Haringey AC	13:29.40 [PB]
6	Matthew Crane	U23M	Bexley Athletic Club	13:32.50
	Guy Thomas	SEN	Tonbridge Athletic Club	DQ TR 54.7.1

Senior Women 3000m (i)

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENW	Aldershot Farnham & D.	14:16.37 [PB]
2	Erika Kelly	SENW	Northern (IOM) AC	14:28.88
3	Gracie Griffiths	U20W	Pembrokeshire Harriers	14:34.12 [PB]
4	Hannah Hopper	U23W	Cambridge Harriers	15:00.22 [SB]
5	Jasmine Nicholls	SENW	Leicester Walking Club	15:15.07 [SB]
6	Pagen Spooner	U23W	Hyde Park Harriers	15:30.81 [PB]
7	Mia Dunwell	U20W	Northern (IOM) AC	15:49.67 [SB]
	Abby Hughes	U20W	Taunton Athletic Club	DNF

Domestic 'A' Judged Races**Southern Counties Veterans AC Indoor Championships
Lee Valley (Sun. 12th Feb.)****Mixed 3000m (i)**

Pos	Athlete	AG	Club	Perf.
1	Grazia Manzotti	W50	Tonbridge Athletic Club	16:08.59 [SB]
2	Mark Ashby	M60	Cambridge Harriers	17:41.11 [PB]
3	Matthew Ellerton	M45	Blackheath & Bromley	18:10.32 [PB]
4	John Arthur	M60	Iford Athletic Club	18:21.11 [SB]
5	Nicholas Fleeman	M60	Winchester Athletic Club	20:37.42 [PB]
6	Glen Keegan	M55	Herne Hill Harriers	21:25.39 [SB]
7	Sian Baum	W55	Herne Hill Harriers	22:14.25 [PB]
	David Annetts	M55	North Herts R.R.	DQ TR54.7.1

**Murray Lambden Open Meeting, National Sports Centre,
Douglas (Sat. 25th Feb.)**

Stand out performer was Matthew Glennon with a qualifying time for the European U23 championships.

Mixed 20km

Pos	Athlete	AG	Club	Perf.
1	Matthew Glennon	U23M	Mullingar Harriers AC	1:29:30
2	Adam Killip	SENM	Manx Harriers	1:56:01 [PB]
3	Marie Jackson	W60	Manx Harriers	2:08:06
4	Craig Fletcher	SENM	Unattached	2:10:07
5	Jane Farquhar	W50	Manx Harriers	2:11:59
6	Nicola Raven	W60	Manx Harriers	2:17:12
7	Maura Kelly	W55	Northern (IOM) AC	2:34:17
	Louise Hollings	W40	Manx Harriers	DNF
	Oisin lane	U23M	Mullingar Harriers AC	DNF
	Simon Gawne	SENM	Unattached	DNF

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Tom Partington	SENM	Manx Harriers	46:02
2	Andrew Glennon	U20M	Mullingar Harriers AC	46:25
3	Aisling Lane	U20W	Mullingar Harriers AC	53:40
4	Neil Wade	SENM	Manx Harriers	53:46
5	Ciara Wilson-Bowen	U20W	Dundrum South Dublin	55:26
6	Mia Dunwell	U20W	Northern (IOM) AC	55:52
7	Eabha De Faoite	U20W	Kenmare Athletic Club	57:26
8	Tony Edwards	M60	Manx Harriers	57:28
9	Phill Swales	M55	Northern (IOM) AC	67:26
10	Mark Byrne	M60	Redcar RWC	84:18
11	Caroline Hanley	SENW	Northern (IOM) AC	100:14
	Erika Kelly	SENW	Northern (IOM) AC	DNF
	Sam O'Sullivan	U20M	Clonmel Athletic Club	DQ TR 54.7.1

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Seamus Clarke	U17M	Moy Valley Athletic Club	23:10
2	Patrick Hyland	U20M	Swinford Athletic Club	25:00
3	Aoife Tuthill	U20W	Bandon Athletic Club	27:20
4	Siobhan O'Reilly	U20W	Moy Valley Athletic Club	28:06
5	Aoife Martin	U15G	Carriaga na bhFear AC	28:57
6	Lorna Gleave	W35	Manx Harriers	30:41
7	Lusai De Faoite	U17W	Kenmare Athletic Club	32:17

3km

Pos	Athlete	AG	Club	Perf.
1	Amy Surgeon	U15G	Manx Harriers	19:41

2km

Pos	Athlete	AG	Club	Perf.
1	Lilee Fletcher	U13G	Manx Harriers	11:35
2	Faith Teare	U13G	Manx Harriers	12:54

1km

Pos	Athlete	AG	Club	Perf.
1	Fynn Gleave	U11B	Manx Harriers	5:33
2	Jay Jay Fletcher	U11B	Manx Harriers	5:39
3	Noah Sykes	U11B	Manx Harriers	6:08
4	Amelia Cain	U11G	Unattached	9:39

England Masters AA Inter-Area Indoor Challenge, Lee Valley (Sun. 26th Feb.)

Men's 2000m (i)

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	Veterans AC	9:06.89
2	Mark Ashby	M60	Southern Counties Vets.	11:28.6
3	Peter Boszko	M70	Midland Masters AC	11:38.69
4	Colin Harle	M60	Eastern Masters AC	11:55.82
5	John Arthur	M60	Veterans AC	11:55.84
6	Timothy Clough	M50	Midland Masters AC	12:57.17
	Paul Hawkins	M65	Midland Masters AC	DQ TR 54.7.1

Women's 2000m (i)

Pos	Athlete	AG	Club	Perf.
1	Melanie Peddle	W50	Eastern Masters AC	10:43.1
2	Carolyn Derbyshire	W45	Midland Masters AC	10:51.9
3	Emma Dyos	W45	Veterans AC	10:57.7
4	Wendy Kane	W50	Midland Masters AC	11:25.0
5	Michelle Hurley	W45	Eastern Masters AC	13:44.5
6	Fiona Bishop	W60	Veterans AC	15:28.0
7	Emma Dawson	W55	Scottish Veterans Hs.	15:41.7
8	Nicola McDonald	W40	Scottish Veterans Hs.	16:59.8
9	Louise Kirby	W55	Welsh Masters AC	16:59.8
10	Catherine McGrath	W70	Northern Masters AC	19:24.5
	Rhiannon Jenkins	W35	Welsh Masters AC	DQ TR 54.7.1

Overseas

Munster Indoor Senior - Masters Championships, Nenagh (Sun. 12th Feb.)

David Kenny won the 5000m walk in a new Irish record of 18:42.38 mark ahead of Callum Wilkinson 18:50.14.

5000m (i) (Non-championship event)

Pos	Athlete	AG	Club	Perf.
1	David Kenny	SENM	Farranfore Maine Valley	18:42.38
2	Callum Wilkinson	SENM	Togher AC/Enfield & H.	18:50.14
3	Brendan Boyce	SENM	Finn Valley Athletic Club	20:08.29

Domestic 'B' Judged Races

Steyning AC Open 15km & Supporting Races, Steyning (Sat. 4th Feb.)

Best turnout for several years, 14 in official race plus seven in the Walk-Fit event, **reports Ron Penfold**

Weather could not have been much better. Dry conditions (especially under foot), 12°C, no wind, which made for some fast times, only thing missing was a bit of sunshine.

Ian Richards lead off chased by Grazia Manzotti who was attempting her first race over 15Kms, these two were clear of the rest of the field, Ian reached 5K in 27:02 with Grazia 27:37, Grazia had pulled Ian back by 10K which she reached in a new PB of 55:14, with Ian 55:22, Grazia walking strongly pulled further away from Ian to win in 1:24:35, Ian recording 1:26:27 in second place, third was John Arthur who had a good race knocking 3 minutes off of his last years' time to finish in 1:35:22.

In the 5kms race Joan Lennon had another superb race to record 31:05 for a W65, shame she does not do more race walking, mainly running and I believe triathlon.

15km

Pos	Athlete	AG	Club	Perf.
1	Grazia Manzotti	W50	Tonbridge Athletic Club	1:24:35
2	Ian Richards	M70	Steyning Athletic Club	1:26:27
3	John Arthur	M60	Ilford Athletic Club	1:35:22
4	Fiona Bishop	W60	Woking Athletic Club	1:43:29
5	Sarah Cotton	W55	Steyning Athletic Club	1:44:49

10km

Pos	Athlete	AG	Club	Perf.
1	Michael George	M55	Hove Hornets	63:40
2	Stuart Maidment	M70	Steyning Athletic Club	71:07
3	Graeme Heaton	M60	Heathfield Athletic Club	71:09
4	John Killick	M75	Steyning Athletic Club	74:46
5	David Hoben	M70	Surrey Walking Club	78:37
6	Christopher Flint	M75	Surrey Walking Club	79:38

5km

Pos	Athlete	AG	Club	Perf.
1	Joan Lennon	W65	Steyning Athletic Club	31:05
2	Judith Carder	W65	Brighton & Hove AC	38:50
3	Shaheda Arthur	W60	Ilford Athletic Club	51:57

Lancashire WC Sam Shoebottom Trophy, Chorley (Sat. 4th Feb.)

Grey clouds greeted a field of eight aspirants keen to test their fitness in a live race following two virtual months of solo activity, **reports Dave Evans**. Thanks to the goodwill and personal intervention of Eric Crompton we were able to hold the race from our Chorley headquarters. Sent on their way by a rock band who were sharing the changing facilities, a number of our squad were sorely tempted to stay behind such was the quality of the ageing quartet, some distance into their veteran hood!

Despite the coolish conditions our hardy compadres set off in good heart and after the initial rollercoaster opening mile passed Eric Horwill, our chief timekeeper, in very creditable times as follows:- Roy Gunnett 11:05, Martin Payne 11:07, Greg Smith 11:38, Sailash Shah 11:41, Glyn Jones 11:45, Joe Hardy 11:03, Pat Evans 12:33 and Andrea Lennon 13:44. At this point the course heads for the sky for nearly half a mile and as the walkers then descended downward, positions started to establish themselves and the race proper had begun.

At the 5k turnaround, Martin had snatched the lead and recorded a fairly steady 35:09. In his wake Roy had hung on to the second slot with a steady 36:31. Exactly one minute later the slight figure of octogenarian, Glyn Jones, swept past Eric Horwill recording 37:31. On his tail was Greg Smith with 37:47, Sailash Shah 38:02 and Joe Hardy 38:50. A little while later Pat Evans on 40:13 reached halfway but having declared in advance that she would only do 5k stepped off the course.

The return journey for our walkers was exactly the reverse of their outward sojourn with more down than up, an incentive for sure. Andrea Lennon, our super 80-year-old, had set out in the race but missed the final out and back section nevertheless maintained a decent rhythm but fell short of the full 10k distance.

At the finish, the timekeepers were somewhat surprised to see Martin Payne coming home within 69 minutes but obviously helped by the better balance of ups and downs. The second-place battle was very close with comparative youngster Roy Gunnett just pipping Glyn Jones by five seconds. Joe Hardy and Sailash had a mini battle with the former getting his nose in front. Greg Smith lost "his action" at 6k but nevertheless completed the course thinking about his handicap points.

10km

Pos	Athlete	AG	Club	Perf.
1	Martin Payne	N/K	Lancashire Walking Club	68:03
2	Roy Gunnett	M75	Lancashire Walking Club	73:20
3	Glyn Jones	M80	Lancashire Walking Club	73:25
4	Joe Hardy	M75	Lancashire Walking Club	76:05
5	Sailash Shah	M55	Lancashire Walking Club	76:37
6	Greg Smith	M70	Lancashire Walking Club	88:48

4.4 Miles

Pos	Athlete	AG	Club	Perf.
1	Andrea Lennon	W80	Lancashire Walking Club	62:48

5km

Pos	Athlete	AG	Club	Perf.
1	Pat Evans	W70	Lancashire Walking Club	40:13



Enfield Race Walking League

Enfield League 5 Miles, Donkey Lane, Enfield (Sat. 11th Feb.)

In dry chilly conditions Ashford's 17 year old Jessica Wilton, making her debut at 5 miles, **writes Ron Wallwork** proved to be the star of the show as the first woman to finish and in a club U20 record too!



Dave Annetts and national long distance champion Jonathan Hobbs were well clear in the men's race and the ongoing razor-edge rivalry involving Melanie Peddle and Emma Dyos once again was fascinating to watch. The script remained unchanged from previous encounters, with Emma building up a substantial lead only to be reeled in and passed with less than half a mile to go. Both, who sliced two minutes off their opening race times are training partners under the watchful eye of Stuart Bennett.

Unfortunately, two walkers stumbled and fell during the race; Lesley Morris on the first lap and Sue Barnett later on. Sue was able to carry on, but Lesley suffered a fractured humerus and will be out of action for several weeks.

Mixed 5 Mile (A Judged)

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts R.R.	38:19
2	Jonathan Hobbs	SENM	Ashford Athletic Club	40:52
3	Jessica Wilton	U20W	Ashford Athletic Club	44:38 (Debut)
4	Melanie Peddle	W50	Loughton Athletic Club	46:55
5	Emma Dyos	W45	Ilford Athletic Club	47:04
6	John Arthur	M60	Ilford Athletic Club	50:43
7	Maureen Noel	W55	Belgrave Harriers	52:15
8	Stuart Bennett	M60	Ilford Athletic Club	53:40
9	Sue Barnett	W70	Enfield & Haringey AC	59:06
10	John Ralph	M65	Enfield & Haringey AC	59:15
11	Amalia da Silva	W55	Belgrave Harriers	60:19
	Lesley Morris	W60	Ilford Athletic Club	DNF
	David Walsh	M60	Enfield & Haringey AC	DQ
	Simon Morgan	M55	Ilford Athletic Club	DQ
	Fiona Bishop	W60	Woking Athletic Club	DQ

3 Mile (A Judged)

Pos	Athlete	AG	Club	Perf.
1	Christopher Hobbs	M65	Ashford Athletic Club	22:30

1 Mile (A Judged)

Pos	Athlete	AG	Club	Perf.
1	Shaheda Arthur	W60	Ilford Athletic Club	16:26

Revised ERWL Race Distances

Commencing with the March fixture ERWL races with the exception of the annual Moulton 5 and Enfield Open 7, will be over metric distances. The feature distance will be 10km, but walkers are invited to compete at shorter ones. Because of venue time restrictions a time limit of 70 minutes operate at fixtures held at Donkey Lane.

Bernie Hercock Awards 2023

The 2023 Awards will be geared towards assisting younger walkers to have international experience and with this in mind the Dutch Tilbury walks on 1st October which embraces races from 3km to 20km is being considered as the likely event for assisted funding. The qualifying criteria is likely to be participation in a minimum of three ERWL fixtures.

ERWL Tables after Two Fixtures

The fierce Peddle/Dyos rivalry on the road has positioned the pair as top scorers after two fixtures and with a further five women in the top ten, the ladies are currently dominating the series. Still, it is early days and with the team competition now four to score, there is no sizeable gap in the team placings and every incentive for clubs to encourage their members to turn out and make a real contest of it.

Top 10 after 2 fixtures:

Melanie Peddle (W50)	132/2	John Arthur (M60)	127/2
Emma Dyos (W45)	121/2	Stuart Bennett (M65)	124/2
Maureen Noel (W55)	112/2	David Walsh (M60)	112/2
Sue Barnett (W70)	103/2	Chris Hobbs (M65)	111/2
Amalia da Silva (W55)	97/2	Simon Morgan (M50)	89/2
Lesley Morris (W60)	94/2	John Borgars (M75)	81/2
Fiona Bishop (W60)	70/1	David Annetts (M55)	67/1
Shaheda Arthur (W60)	69/1	Jonathan Hobbs (SENM)	60/1
Abigail Jennings (SENW)	69/1	Trevor Jones (M65)	44/1
Jessica Wilton (U20W)	64/1	Matt Ellerton (M45)	41/1

Team positions:

485	Ilford	Dyos, J. Arthur, Bennett & Morris
387	Enfield	Barnett, Walsh, Bishop & Ralph
278	Ilford 'B'	Morgan, S. Arthur, Ainsworth & Smith
240	Ashford	C. Hobbs, J. Hobbs & Wilton
229	Belgrave	Noel & Da Silva
226	Loughton	Peddle & Borgars

Roundup from Guernsey

Stuart Le Noury successfully defends Bob Wright Handicap Trophy

Stuart Le Noury defended the trophy he won in 2022 with another series win in the Bob Wright Handicap Series, **writes Rob Elliott**. This time, as in 2022 he won the series on count back after having more race wins than his father Kevin, with both on 97 points over the seven races. Mick Le Sauvage took third place ahead of Rob Elliott.

In the final three races Kevin crossed the line first on two occasions, narrowly ahead of a faster finishing Rob Elliott by one second both times. Mick Le Sauvage, still racing into his eighties scored the other race win over 2000m on the track.

Sunday 8th Jan: Bob Wright Handicap Race 5, 2km Road, Pleinmont (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Kevin Le Noury	M65	Sarnia Walking Club	16:19/14:19
2	Rob Elliott	M60	Sarnia Walking Club	16:20/13:50
3	Mick Le Sauvage	M60	Sarnia Walking Club	16:20/16:20

Sunday 22nd Jan: Bob Wright Handicap, Race 6 – 2000m, Footes Lane (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Mick Le Sauvage	M80	Sarnia Walking Club	15:50/15:50
2	Stuart Le Noury	M35	Sarnia Walking Club	16:02/10:17
3	Rob Elliott	M60	Sarnia Walking Club	16:14/13:29
4	Kevin Le Noury	M65	Sarnia Walking Club	16:33/14:18

Sunday 12th Feb: Bob Wright Handicap, Race 7 – 3km, Cambridge Park (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Kevin Le Noury	M65	Sarnia Walking Club	23:50/21:35
2	Rob Elliott	M60	Sarnia Walking Club	23:51/20:36
3	Stuart Le Noury	M35	Sarnia Walking Club	24:32/15:47
4	Mick Le Sauvage	M60	Sarnia Walking Club	25:11/25:11

UPCOMING EVENTS

March

Sat. 4 th	A	EA Winter Race Walk Championships	Coventry
Sat. 4 th	B	Lancs WC – Alison Trophy 15km	Chorley
4 th /5 th	A	Essex & Eastern Indoor Championships	Cancelled
Sat. 18 th	A	Kent/Herts/Middx Indoor Champs.	Lee Valley
Sat. 18 th	A	Enfield League N° 3 – 10km	Donkey Lane
Sun. 19 th	B	Sarnia WC Track Race	Footes Lane
27 th – 31 st	A	World Masters Indoor Championships	Torun (POL)
April			
Sat 1 st	B	Lancs WC Macclesfield Shield	Macclesfield
Tue. 4 th	B	Vets AC Summer Series 5km	Battersea Park
Sun. 16 th	A	RWA 10km & YAG Championships	Coventry
Sun. 16 th	B	Sarnia WC Road Walk Handicap	Cambridge Park