

**160 West Dyke Road
Redcar
Cleveland
TS10 1JN**

E-mail: paddick@westdyke.freeserve.co.uk

Website: www.redcarracewalkingclub.com

Tel 01642 489728

Redcar Walker 63

I am sorry that there has been a huge gap between number 62 and this publication. This is all because organising the Saltburn Phoenix took up an enormous amount of time. Hopefully, we shall now be able to return to a newsletter every two to three months.

- **SALTBURN PHOENIX 10K – MONSTER SUCCESS FOR REDCAR RWC**

This was our opportunity to showcase race walking in front of a large crowd of athletes and spectators. We did this magnificently by attracting an entry of 101 runners and walkers. 87 started and 86 finished. We had few problems on the day apart from those caused by some outbreaks of torrential rain. The club wishes to thank the large group of volunteers who helped us. Without all of them we could not possibly put on a race of this size. Particular thanks go to Trevor's family who braved some serious and unpleasant rain to put up the drinks station and provide refreshment. Total profit to club funds was in excess of £863 which will pay for a couple of long distance minibuses to events that we choose in 2013.

SALTBURN PHOENIX 10KM – Sunday 29 July 2012

1.	J. Bulman	NMH	33-36
2.	C. Isherwood		35-54
3.	T. Allsop	Sunderland Strollers	36-33
4.	A. Parkinson		37-24
5.	P. Dalton		37-53
6.	J. Simpson		38-59
7.	G. Hope	Kidlington R.C	39-09
8.	S. Pigg		40-32
9.	C. Whiles		40-48
10.	R. Pennock	Harrogate H.	40-55
11.	R. Moore	Middlesbrough & C	41-39
12.	T. Porter	Aycliffe R.C.	41-46

13.	S. Robson	York Knavesmire	42-03
14.	B. Charlton		42-07
15.	D. Paley		42-12
16.	S. Bulman (F)	NMH	42-12
17.	J. Atkin	Durham City	44-25
18.	A. Rowell	Durham City	45-45
19.	J. Bamlett (F)	Middlesbrough & C	46-31
20.	A. Whiles		47-08
21.	J. Goldsmith	NMH	47-26
22.	N. O'Grady	NMH	47-38
23.	I. Cox		48-11
24.	H. Wilson (F)		48-12
25.	A. Whiles – Andrew		48-35
26.	J. Cornwell		48-38
27.	D. Jackson		48-50
28.	N. Meakin (F)	Redcar R.C	48-52
29.	P. Jeffrey		48-57
30.	J. Greathead	Elvet Striders	49-39
31.	J. Smith	NMH	49-51
32.	J. Conaghan	NMH	49-57
33.	M. Pennock	Ripon Runners	50-12
34.	M. Rayner		50-19
35.	P. Smithyman		50-44
36.	R. Ashcroft	York Knavesmire	50-53
37.	M. Carter		51-56
38.	S. Paddick (F)		52-03
39.	N. Harrington	Quakers R.C.	52-04
40.	L. Holmes	Redcar R.C.	52-17
41.	P. Haste		52-33
42.	D. Smith		53-06
43.	S. Grover		53-42
44.	D. Watson		53-58
45.	N. Phillips (F)		53-58
46.	L. Wallis (F)		54-18
47.	F. Anderson	Durham C	55-29
48.	D. McGuire		55-42
49.	K. Harrison (F)		56-23
50.	M. Heath		56-23
51.	C. Albinson (F)		56-33
52.	Z. Richmond (F)		57-05
53.	I. Jeffrey		57-10
54.	A. Fraser	YRWC (Walker)	57-17
55.	P. Ranson (F)	Hartlepool B. R.	57-30
56.	A. Hazlett		58-57

57.	T. Skeen		59-46
58.	K. Wheatley (F)		60-49
59.	A. Ramage (F)		61-15
60.	G. Blythman	Redcar RWC (Walker)	61-17
61.	S. Allen	Barnet & Dist (Walker)	61-45
62.	W. Noble (F)		62-01
63.	L. Howe (F)		62-33
64.	L. Reeves (F)		62-48
65.	E. Blundell (F)		62-48
66.	T. Jones (F)		62-55
67.	S. Clarke (F)		62-55
68.	M. Byrne	Redcar RWC (Walker)	63-06
69.	A. Wood (F)		63-33
70.	C. Harrison (F)	Harrogate H	63-45
71.	R. Stone (F)		64-11
72.	M. Stone		64-12
73.	D. Learoyd	Redcar RWC (Walker)	64-40
74.	L. Malan (F)		64-57
75.	H. Clay (F)		64-57
76.	D. Ledgerwood		64-59
77.	K. Richards (F)	Billingham M. H.	65-33
78.	G. Mawby (F)		66-11
79.	S. Atkinson (F)		66-38
80.	R. Jones (F)		66-41
81.	A. Paddick (F)	Redcar RWC (Walker)	66-51
82.	D. Jones	Redcar RWC (Walker)	66-51
83.	D. Fereday	Redcar RWC (Walker)	68-22
84.	L. Readman (F)	Redcar RWC (Walker)	69-44
85.	M. Fawkes (F)	Redcar RWC (Walker)	70-01
86.	P. Braney	Billingham MH (Walker)	78-14

- **WINTER LEAGUE 2012/13**

I am pleased to be able to supply the fixture list for the six winter league fixtures. **It is vitally important to note that numbers attending these races last year were far too small. Alan Brooks, the organiser has asked me why such a large club as Redcar cannot support these events with more competitors. I explained to him that many members were training but having time out from racing. He replied that they should be careful because if everyone does this there will be nothing to return to when they do want to race.** A prime example is the folding of the Bradford in 2012 after 109 consecutive years due to lack of entries.

On a much more positive note, our recent members' meeting suggested that there will be better support for the forthcoming series. So far we have Angela-Maria, Marion, Dave Learoyd, JP, probably Mark Byrne and Paul Evennett, Glen Blythman, Laurayne when the Redcar half marathon is over and Dave Jones when he has recovered from the 100.

ARE THERE ANY MORE?

7 October	Whitcliffe Mount Sports Centre, Cleckheaton
28 October	South Bank Social Club, York
18 November	Redcar Cricket Club
2 December	South Bank Social Club, York – Possibly Yacht Handicap
6 January	Redcar Cricket Club
3 February	Drighlington Cricket Club

Best FOUR results count for individuals and teams. All events are 10k with an 11 a.m. start. Entries are £4 on the day

- **NORTHERN AREA RWA AGM**

Russ Jackson tells me that the AGM will be held after the first Winter League at Cleckheaton. Nominations are invited for the following (not on the day – please tell me if you wish to stand for election) President, Chairman, Hon. Sec., Hon. Treasurer, Hon. Championships Sec., Judges and Officials Sec., Press and Publicity Officer, Minutes Secretary, Youth Development Officer, Hon. Auditors.

As you are all aware, championship venues and dates are arranged at this meeting. As it is time that Redcar hosted a championship, I am going to suggest the Saltburn course for the 20k. We have a certificate of course measurement and it is all on tarmac. Changing can be at the Leisure Centre and the order of laps would be 3 town, 2 out and back, 3 town and 2 out and back - so we can provide a 10k time at half way.

- **INTERESTING CHALLENGE FOR 100 MILES**

It is that time of year again when Dave and Martin represent the club with distinction in the national 100 miles. Training sessions around this time are dominated with memories and tales of distance races over anything from 50k to 100 miles from

anything in living memory to fairly recent times. Dave and Martin have done their best over the years to persuade me to make up their team. After all, I did win the Blackpool 50 miles 5 times so 100 should not be a problem, especially as the last two wins were not too long ago! In perhaps a creative moment I said that I was sure that if I entered the 100 I would win the over 65 section **and beat the great DJ**. The instant reply was '£500 says you could not' - in other words a wager of £500 if I was to finish in front of him and nothing to pay if I failed. So confident was he that he then raised this to a grand.

Worth thinking about! – Not for 2012 but what about 2013? I understand I would need to develop an efficient creeping action to compete on equal terms.

Are there any observations and any offers of a creep trainer?

- **NEW DISTANCE RACE FOR REDCAR**

Talking of distance racing, let us return for a moment to events of just 50 miles. Dave Jones is prepared to organise such an event on Redcar Seafront when the current sea defence work is complete. This would probably be in the summer of 2013 over a course of laps like Blackpool. The event would replace Blackpool.

IS ANYONE OUT THERE INTERESTED IN THIS PROPOSAL?

As an incentive, we can still offer a pint of Samuel Smith's Yorkshire Brewery Bitter at various venues for £1-34.

Hopefully, the next club letter will contain news of good performances in the Winter League.

Best Wishes to you all,

JohnP (Hon.Sec)